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ABSTRACT OF THE DISCLOSURE

10 An occupant seat of a motor vehicle includes a backrest, and a  
headrest mounted atop the backrest on a pair of posts. The headrest includes a base  
portion supported by the posts, and an occupant-engaging contact portion that is  
supported by the base portion for relative translational movement along a pair of  
15 tracks defined on the base portion. In response to a suitable control signal, such as  
the tensioning of a Bowden cable in response to an applied force, the contact portion  
moves under the control of an articulated linkage against a return spring bias and  
away from the base portion. The translational movement of the contact portion  
relative to the base portion serves to control contact surface inclination throughout  
15 the range of movement of the contact portion relative to the base portion.

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